



Emergency Resources

National Resources

CDC Information Hotline: (800) 232-4636

CDC National Aids/Sexually Transmitted Disease Hotline: (800) 342-2437

Childhelp National Child Abuse Hotline: (800) 422-4453

Disaster Distress Helpline: (800) 985-5990

LGBT National Hotline: (888) 843-4564

LGBT National Youth Hotline: (888) 246-7743

The NAMI (National Alliance on Mental Illness) Hotline: (800) 950-6264

National Center for Missing and Exploited Children: (800) 843-5678

National Domestic Violence Hotline: (800) 799-7233

National Eating Disorder Association: (800) 931-2237

National Parent Helpline: (855) 427-2736

National Runaway Safeline: (800) 786-2929

National Sexual Assault Hotline: (800) 656-4673

National Suicide Prevention Hotline: (800) 273-8255 (English) or (888) 628-9454 (Spanish)

National Youth Crisis Hotline: (800) 448-4663

The NIMH (National Institute of Mental Health) Hotline: (866) 615-6464

Planned Parenthood: (800) 230-7526

Poison Control: (800) 222-1222

S.A.F.E. (Self-Abuse Finally Ends): (800) 366-8288

SAMHSA (Substance Abuse and Mental Health Services Administration) National Helpline:
(800) 662-4357

Transgender Suicide Hotline: (877) 565-8860

The Trevor Project (LGBTQ Suicide Prevention): (866) 488-7386

United Way: (800) 543-7709

Veterans Crisis Line: (800) 273-8255, press 1

Crisis Text Lines:

National Crisis Text Line: Text HELLO to 741741

Minnesota Crisis Text Line: Text MN to 741741

Wisconsin Crisis Text Line: Text HOPELINE to 741741

Wisconsin-Based Local Resources:

Hudson Hospital Emergency Room: (715) 531-6000

Hudson Physicians Urgent Care: (715) 531-6800

Hudson Police Department (Non-Emergency): (715) 386-4771

Pierce County Department of Human Services: (715) 273-6766

Pierce County Public Health: (715) 425-8003 (River Falls) or (715) 273-6755 (Ellsworth)

Pierce County Sheriff (Non-Emergency): (715) 273-5051

St. Croix County Behavioral Health Access Line: (715) 246-8255

St. Croix County Children Services Access Line: (715) 246-8260

St. Croix County Public Health: (715) 246-8263

St. Croix County Sheriff (Non-Emergency): (715) 386-4701

Turningpoint (Domestic Abuse Shelter in River Falls): (715) 425-6751

Wisconsin Department of Health Services: (608) 266-1865

Minnesota-Based Local Resources:

Canvas Health: (651) 777-5222

Minnesota Adult Abuse Reporting Center: (844) 880-1574

Minnesota Department of Health: (651) 201-5000

PACER Center (Minnesota Parent Training and Information Center): (800) 537-2237

Washington County Child Protection Services: (651) 430-6457

Washington County Crisis Response Unit: (651) 275-7400

Washington County Public Health: (651) 430-6655

Women's Advocates (Domestic Abuse Shelter in St. Paul): (651) 227-8284